

ACTIVITY REPORT FOR THE YEAR 2025

A BRIEF SUMMARY

The brief summary is taken from the summary table of activities for the year 2025. The table serves as a reference and brings together information and links to the activities carried out. It thus allows us to measure the diversity and scope of the initiatives proposed throughout the year.

BOARD OF DIRECTORS

- The Board of Directors met 11 times, and the Finance Committee met twice.
- Changes occurred within the Board, with two directors leaving and one director joining. There is now an available position on the Board of Directors.

MEMBERSHIP

- Membership and renewal now cost \$30 per year or \$55 for two years. Procedures have been updated for greater autonomy. Explanatory documents about the different cards and the membership form are available.
- The profile of our club's members is presented in another article.

ACTIVITIES

The first observation from reviewing the summary table of activities for 2025 is the quality of the work and the commitment of the Board members, who strive to offer members a range of activities covering several areas: social, physical, information and training, communication, collaboration and partnership, cultural, and intergenerational.

- **30 activities, some of which take place over a session that repeats more than once during the year.**
- **1,140 participants**
- **Over 1,500 hours of volunteer work (estimated)**
- **The administrators were supported by more than 30 people who volunteered to help carry out certain activities.**
- **The club participated in 3 intergenerational activities**





COLLABORATION AND PARTNERSHIP

- Collaborations are ongoing with several organizations and institutions, including the City of Sutton and Abercorn, the CAB, the University of Sherbrooke, the Foyer Sutton, and the school and municipal library of the City of Sutton.
- Participation:
 - Steering Committee for the Family and Seniors Policy of the City of Sutton
 - Community Development Table of Sutton and Abercorn

COMMUNICATION

- Monthly *Infolettre* sent to nearly 350 people.
- Info-FADOQ sent occasionally to all club members with an email address.
- Birthday cards or phone calls for those without an email address.
- Website: [Club FADOQ DEUX MONTS \(Les\) - FADOQ Network](#)
- *Infolettre* from the City of Abercorn.
- Activity program of the City of Sutton.

URBAN MURAL

Members of our club collaborated on the creation of an urban mural with the artist Léa Mercante, "*Fruits cosmiques*" on the exterior wall of the Alban Houle & Sons store.

SUPPORT AND RECOGNITION PROGRAM FOR NONPROFITS OF THE CITY OF SUTTON

RECOGNITION

Maintained collaborator status until 2029 and honored commitments to the City.

PROJECT SUPPORT – FUNDING OF \$1,100

City of Sutton

The "*Fleurir le Foyer Sutton*" project, made possible through the involvement of numerous volunteers, members of the Recreation team, and several residents, created a colorful and welcoming environment for residents and their families. The project concluded with participation in the squash exhibition at "*la Fête des récoltes D'Arts et de Rêves*" in September.

OPERATING SUPPORT – FUNDING OF \$2,500 / year (2025-2027)

City of Sutton

A three-year activity plan was developed to support operations and offer various initiatives such as a theatrical conference, memory workshops (MÉMO), personalized IT support, and the acquisition of a laptop for the club's needs.

2026-01-17